

Parish Day School Menu November 2024

	Monday 4	Tuesday 5	Wednesday 6	Thursday 7	Friday 8
Early AM Snack	Cinnamon Chex Milk		Banana Milk	Yogurt Granola	Cheerios Milk
AM Snack	Wheat crackers Cheese sticks		Vanilla wafers Bananas Rm 13 Kroger brand	Ritz cracker Apples	Pretzels Pickles
Lunch (with skim milk)	Turkey and cheese on wheat bread Cucumbers Oranges	School closed Presidential Election / Staff day	Beef tacos Corn and black beans Pineapple	Chicken teriyaki Rice Broccoli Pears	Chicken noodle soup Wheat roll Peas Peaches
PM Snack	Animal crackers Banana Rm 13 Graham cracker		Wheat crackers Apple juice	Oyster Cheese sticks Rm 13 Saltine	Managers choice Apple juice

All highlighted items contain or may contain traces of egg.

Blue highlight items are on the menu and served in other rooms. An egg free substitute will be served to room 13.

Yellow highlight items are served in all lunch rooms and cannot be substituted.

Menu is subject to change due to availability.
Managers choice may consist of any snack on the menu.

Parish Day School Menu November 2024

	Monday 11	Tuesday 12	Wednesday 13	Thursday 14	Friday 15
Early AM Snack Served in the Johnson Roo		Fruit and grain cereal bar Milk	Bananas Milk	Cheerios Milk	Blueberry muffins Milk
AM Snack		Ritz crackers Cheese sticks	Cinnamon toast crunch Apples	Vanilla wafers Bananas Rm 13 Kroger brand	Pumpkin bread Milk Rm 13 cereal bars
Lunch (with skim milk)	No school Veteran's Day	Chicken nuggets Green beans Mixed fruit	Pancakes Scrambled eggs Hash browns Mandarin oranges Rm 13 Sausage links	Chicken Alfredo Broccoli Peaches	Ham and cheese on wheat bread Cucumbers Apples
PM Snack		Graham crackers Bananas Rm 13 Kroger brand	Cheese crackers Apple juice RM 13 Kroger or Cheez It	Wheat Saltine cracker Cheese	Managers choice Apple juice

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Parish Day School Menu November 2024

	Monday 18	Tuesday 19	Wednesday 20	Thursday 21	Friday 22
Early AM Snack	Cinnamon Chex Milk	Fruit and grain cereal bar Milk	Banana Milk	Yogurt Granola	Cheerios Milk
AM Snack	Wheat saltines Cheese	Ritz crackers Apples	Club crackers Oranges	Vanilla wafers Bananas	Applesauce Goldfish
Lunch (with skim milk)	Fish sticks Wheat roll Green beans Pears	Spaghetti with ground beef marinara sauce Salad Pineapple	Cheese quesadillas Corn and black beans Peaches	Beef and noodles Peas Mixed fruit	Turkey and cheese on wheat bread Carrots Apples
PM Snack	Graham crackers Apple juice	Animal crackers Bananas Rm 13 Kroger Graham crackers	Oyster crackers Apple juice Rm 13 Wheat saltines	Wheat crackers Cheese stick	Manager choice Apple juice

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Parish Day School Menu November 2024

	Monday 25	Tuesday 26	Wednesday 27	Thursday 28	Friday 29
Early AM Snack	Cinnamon Chex Milk	Fruit and grain cereal bar Milk			
AM Snack	Wheat cracker Cheese sticks	Ritz crackers Apples			
Lunch (with skim milk)	Tyson chicken nuggets Wheat roll Green beans Pears	Ham and cheese on wheat bread Cucumbers Fresh fruit	No school Thanksgiving Break	No school Thanksgiving Day	No School Thanksgiving Break
PM Snack	Animal cracker Apple juice Rm 13 Graham cracker	Vanilla wafers Bananas Rm 13 Kroger brand			

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