

## Parish Day School Menu January 2025

	Monday 6	Tuesday 7	Wednesday 8	Thursday 9	Friday 10
<b>Early AM Snack</b>	Cinnamon Chex Milk	Fruit and grain cereal bar Milk	Yogurt Granola	Banana Milk	Cheerios Milk
<b>AM Snack</b>	Ritz cracker Cheese sticks	Wheat crackers Oranges	Graham crackers Bananas	Club crackers Apples	Pretzels Pickles
<b>Lunch (with skim milk)</b>	Tyson Chicken nuggets Wheat roll Green beans Applesauce	Macaroni and cheese Broccoli Pears	Beef Tacos Corn and black beans Pineapple	Baked chicken Rice Peas Peaches	Turkey and cheese on wheat bread Cucumbers Oranges
<b>PM Snack</b>	Oyster crackers Apple juice Rm 13 Saltine crackers	Vanilla wafers Banana Rm 13 Kroger brand	Cheese crackers Apple Juice	Wheat saltine Cheese	Managers choice Apple juice

All highlighted items contain or may contain traces of egg.

Blue highlight items are on the menu and served in other rooms. An egg free substitute will be served to room 13.

Yellow highlight items are served in all lunch rooms and cannot be substituted.

*Menu is subject to change due to availability.*  
Managers choice may consist of any snack on the menu.

## Parish Day School Menu January 2025

	Monday 13	Tuesday 14	Wednesday 15	Thursday 16	Friday 17
<b>Early AM Snack Served in the Johnson Roo</b>	Cinnamon Chex Milk	Fruit and grain cereal bar Milk	Bananas Milk	Cheerios Milk	Blueberry muffins Milk
<b>AM Snack</b>	Wheat saltine Cheese	Wheat crackers Oranges	Cinnamon toast crunch Apples	Vanilla wafers Bananas Rm 13 Kroger brand	Pirate's booty Yogurt
<b>Lunch (with skim milk)</b>	Fish sticks Wheat roll Green beans Apple sauce	Chicken noodle soup Wheat roll Peas Mixed fruit	Cheese quesadillas Corn Peaches	Spaghetti with meat sauce Green beans Pears	Ham and cheese on wheat bread Cucumbers Apples
<b>PM Snack</b>	Oyster crackers Apple juice Rm 13 Saltine crackers	Graham crackers Bananas Rm 13 Kroger brand	Cheese crackers Apple juice RM 13 Kroger or Cheez It	Wheat cracker Cheese stick	Managers choice Apple juice

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## Parish Day School Menu January 2025

	<b>Monday 20</b>	<b>Tuesday 21</b>	<b>Wednesday 22</b>	<b>Thursday 23</b>	<b>Friday 24</b>
<b>Early AM Snack</b>		Fruit and grain cereal bar Milk	Banana Milk	Yogurt Granola	Cheerios Milk
<b>AM Snack</b>	No school MLK Jr. Day	Wheat cracker Cheese stick	Cheese crackers Oranges	Ritz crackers Apples	Cap'n Crunch Oops all berries Bananas
<b>Lunch (with skim milk)</b>		Tyson Chicken nuggets Wheat roll Green beans Applesauce	Beef Tacos Corn and black beans Mixed fruit	Beef and noodles Peas Pineapple	Turkey and cheese on wheat bread Carrots Apples
<b>PM Snack</b>		Animal crackers Bananas Rm 13 Kroger Graham crackers	Oyster crackers Apple juice Rm 13 Wheat saltines	Wheat Saltine Cheese	Manager choice Apple juice

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# Parish Day School Menu January 2025

	Monday 27	Tuesday 28	Wednesday 29	Thursday 30	Friday 31
<b>Early AM Snack</b>		Fruit and grain cereal bar Milk	Bananas Milk	Yogurt Granola Milk	Cheerios Milk
<b>AM Snack</b>	No School Parent teacher conf.	Wheat Saltine Cheese	Pretzels Apples	Graham crackers Bananas Rm 13 Kroger brand	Ritz crackers Oranges
<b>Lunch (with skim milk)</b>		Tyson chicken nuggets Wheat roll Green beans Applesauce	Baked ziti Salad Peaches	Grilled cheese Tomato soup Carrots Pears	Chicken ranch wraps Cucumbers Apples
<b>PM Snack</b>		Vanilla wafers Bananas Rm 13 Kroger brand	Oyster crackers Apple juice Rm 13 Saltine cracker	Wheat cracker Cheese stick	Managers choice Apple Juice

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