## Parish Day School Menu December 2024

	Monday 2	Tuesday 3	Wednesday 4	Thursday 5	Friday 6
Early AM Snack	Cinnamon Chex Milk	Fruit and grain cereal bar Milk	Yogurt Granola	Banana Milk	Cheerios Milk
AM Snack	Wheat Crackers Cheese Sticks	Ritz cracker Oranges	Vanilla wafers Bananas Rm 13 Kroger brand	Cheese crackers Apples Rm 13 Kroger brand	Pretzels Yogurt
Lunch (with skim milk)	Turkey and cheese on wheat bread Cucumbers Oranges	Macaroni and cheese Broccoli Pears	Baked chicken Rice Peas Pineapple	Baked ziti Salad Mixed fruit	Tyson Chicken nuggets Wheat roll Green beans Applesauce
PM Snack	Animal cracker Apple juice Rm 13 Vanilla wafer	Graham cracker Banana Rm 13 Kroger brand	Oyster crackers Apple juice Rm 13 Saltine crackers	Wheat crackers Cheese sticks	Managers choice Apple juice

All highlighted items contain or may contain traces of egg.

Blue highlight items are on the menu and served in other rooms. An egg free substitute will be served to room 13 and 20.

Yellow highlight items are served in room 13 and 20 and cannot be substituted.

## Parish Day School Menu December 2024

	Monday 9	Tuesday 10	Wednesday 11	Thursday 12	Friday 13
Early AM Snack	Cinnamon Chex Milk	Fruit and grain cereal bar Milk	Bananas Milk	Cheerios Milk	Blueberry muffins Milk
AM Snack	Ritz crackers Cheese sticks	Wheat crackers Oranges	Animal crackers Apples Rm 13	Graham crackers Bananas Rm 13 Kroger brand	Pumpkin bread Milk Rm 13 Cereal bars
Lunch (with skim milk)	Ham and cheese on wheat bread Cucumbers Apples	Chicken noodle soup Wheat roll Peas Pineapple	Beef Tacos Corn and black beans Peaches	Chicken teriyaki Rice Broccoli Pineapple	Fish sticks Wheat roll Green beans peaches
PM Snack	Oyster crackers Apple juice Rm 13 Saltine cracker	Vanilla wafers  Bananas  Rm 13  Kroger brand	Cheese crackers Apple juice Rm 13 Kroger brand	Wheat Saltine cracker Cheese	Ritz crackers Apple juice

All highlighted items contain or may contain traces of egg.

Blue highlight items are on the menu and served in other rooms. An egg free substitute will be served to room 13.

Yellow highlight items are served in room 13 and cannot be substituted.

## Parish Day School Menu December 2024

	Monday 16	Tuesday 17	Wednesday 18	Thursday 19	Friday 20
Early AM Snack	Cinnamon Chex	Fruit and grain cereal	Banana Milk	Yogurt Granola	Cheerios Milk
	Milk	bar Milk			
AM Snack	Wheat saltines Cheese	Ritz crackers Apples	Cheese crackers Oranges Rm 13	Vanilla wafers Bananas Rm 13	Apple sauce Goldfish
Lunch (with	Turkey and	Cheese pizza	Kroger brand Cheese	Kroger brand Beef and	Tyson Chicken
skim milk)	cheese on wheat bread Cucumbers Oranges	Cucumbers Pineapple	quesadillas Corn Pears	noodles Peas Mixed fruit	nuggets Wheat roll Green beans Applesauce
PM Snack	Graham crackers Apple juice	Animal crackers Rm 13 Graham crackers Bananas	Oyster crackers Apple juice Rm 13 Wheat saltines	Wheat crackers Cheese stick	Manager choice Apple juice

All highlighted items contain or may contain traces of egg.

Blue highlight items are on the menu and served in other rooms. An egg free substitute will be served to room 13 and 20.

Yellow highlight items are served in room 13 and 20 and cannot be substituted.