

## Parish Day School Menu January 2025

	Monday 27	Tuesday 28	Wednesday 29	Thursday 30	Friday 31
<b>Early AM Snack</b>	Chex Milk	Fruit and grain cereal bar Milk	Bananas Milk	Yogurt Granola Milk	Cheerios Milk
<b>AM Snack</b>	Banana vanilla wafers	Wheat Saltine Cheese	Pretzels Apples	<b>Graham crackers</b> Apple sauce Rm 13 Kroger brand	Ritz crackers Oranges
<b>Lunch (with skim milk)</b>	Grilled turkey Baked beans Peaches	Tyson chicken nuggets Wheat roll Green beans Applesauce	Beef Tacos Corn and black beans Pears	<b>Beef and noodles</b> Peas Pineapple	Grilled cheese Tomato soup Carrots Mixed fruit
<b>PM Snack</b>	Animal crackers Apple juice	<b>Vanilla wafers</b> Bananas Rm 13 Kroger brand	<b>Oyster crackers</b> Apple juice Rm 13 Saltine cracker	Wheat cracker Cheese stick	Managers choice Apple Juice

All highlighted items contain or may contain traces of egg.

Blue highlight items are on the menu and served in other rooms. An egg free substitute will be served to room 13.

Yellow highlight items are served in all lunch rooms and cannot be substituted.

*Menu is subject to change due to availability.  
Managers choice may consist of any snack on the menu.*